**ГБПОУ «Лысковский агротехнический техникум»**

**УЧЕБНОЕ ПОСОБИЕ**

**по английскому языку**

 **для студентов специальности**

**«ПОВАРСКОЕ И КОНДИТЕРСКОЕ ДЕЛО»**

**2022г.**

Предлагаемое учебное пособие предназначено для студентов 2 курса специальности «Поварское и кондитерское дело» и разработано в соответствии с требованиями федерального государственного образовательного стандарта среднего профессионального образования и учебной программы курса английского языка.

Цель настоящего пособия – обучение иностранному языку в ходе взаимосвязанного развития умений в основных видах речевой деятельности, совершенствование речевых навыков и умений в использовании лексического материала. Пособие поможет студентам организовать свою работу по домашнему чтению, усвоить лексические единицы специальных текстов.

Основная задача представленного пособия заключается в том, чтобы помочь студентам овладеть терминологией по специальности, а также усовершенствовать свои навыки английского языка.

Пособие содержит специальные тексты, которые снабжены послетекстовыми упражнениями, готовящими студентов к пересказу и самостоятельным высказываниям.

Данное издание можно использовать как дополнительное учебное пособие во время занятий.

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ПРОТОКОЛ № \_\_\_\_\_\_\_от\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Text 1. My profession.

 My name is Alice and I’ d like to tell you about my profession. I’ve chosen a profession of a cook because I have been interested in cooking since childhood. I used to watch my mom cooking different tasty things and asked her to teach me. She agreed with pleasure. Of course, at first I could do only simple dishes such as an omelet, macaroni and cheese, sandwiches.

When I grew older I began to cook more serious dishes, such as apple pie, soups, baked pudding and so on. So cooking became my hobby.

After my graduation from school there was a question what to do next. I didn’t think a lot and decided to continue my cooking learning. My parents supported me and now I’m a college student. This profession is very popular nowadays because there are a lot of cafes, restauraunts which need good specialists. I like my studying at college because the teachers are experienced and always ready to help. I like cooking at our canteen.

In conclusion I would like to say that Ii like my profession very much. My parents also like it because I often cook for them at home and they enjoy it!

Task 1. True or false:

1. Alice is a college teacher.
2. She has been hated cooking since childhood.
3. At first she could cook simple food.
4. Her parents don’t like her profession.
5. Her teachers are helpful.

Task 2. Answer the questions:

1. What are the reasons of choosing her profession?
2. Why this profession is popular nowadays?
3. Who taught Alice cooking at home?
4. Does Alice like studying at college?
5. Can she bake a pie?

Text 2. My favorite food.

Let me introduce myself. My name is Sally and I’m a school girl. I like my school, my classmates and meeting my friends at cafes. I’d like to tell you about me favorite food. T o be honest, I like eating something tasty because it gives me pleasure and improves my mood. I prefer home-made food because I exactly know about the ingredients in it and also know that the products are fresh. I have a sweet tooth and like sweets, chocolate and pies. But I want to be slim so I don’t eat such things often.

My favorite food is pizza. There are so many kinds of one and I especially like it with sausage, mushrooms, tomatoes and cheese. I can order it at Italian restaurants or make it myself. I also like mushrooms, grilled chicken salads and ice-cream.

For drinking I prefer an orange juice or green tea.

Task 1. True or false:

1. Sally is a student.
2. Sally doesn’t have a sweet tooth.
3. Her favorite food is soup.
4. She likes hanging out with her friends.
5. Sally wants to be slim.

Task 2. Answer the questions:

1. What’s Sally’s favorite food?
2. Does she often eat sweets?
3. Can she cook a pizza herself?
4. What kind of pizza does she like most of all?
5. What are her favorite drinks?

Text 3. Russian cuisine.

My name is Sophia and I live in Russia. This is great country with various traditions and customs. One of them concerns eating habits and national dishes. Let’s speak about them.

Russian cuisine is varied and includes many dishes. One of the most well known ones are borsch, pancakes, vinegrette , holodets and others.

Borsch is a kind of soup made of beetroot, cabbage, carrots, onion and potatoes. It is traditionally served with sour cream.

Pancakes (blini) are thin and are served with jam, sour cream, honey and can be rolled with cottage cheese, meat and so on.

Vinegrette is a kind of salad made of potatoes, beetroot, cabbage, pickles, carrots, onion and oil.

 Holodets is a kind of jelly made of meat broth with meat pieces. It is often made at winter holidays.

All these dishes are tasty and I advice everyone to try them.

Task 1. True or false:

1. Russia is rich in traditions and customs.
2. Pancakes are made of beetroot.
3. Holodets is often cooked in spring.
4. Potatoes are used in cooking vinegrette.
5. Sophia likes the mentioned dishes.

Answer the questions:

1. What dishes are popular in Russia?
2. What salad is made of beetroot and pickles?
3. What is holodets?
4. What is borsch?
5. Do you like Russian cuisine?

Text 4. Where to buy products.

There is abundance of different products: vegetables, meat, dairy products, bakery and they can be bought in special places or store departments.

Vegetables and fruits can be found at groceries. Nowadays groceries offer a great variety of products: oranges, tomatoes, beetroot, cabbage, carrots, onions, cucumbers, bananas, kiwi, eggplants, grapes and so on. One should look at them attentively in order to have fresh ones.

At butcher’s you can get meat, poultry and different meat products.

At dairy’s there are dairy products: milk, cottage cheese, cheese, yoghurt, butter, sour cream and others. Dairy products are often used in cooking and very tasty.

Bakery is a place where you can find bread, pies, cookies and other baking. But remember that you shouldn’t eat much of this food if you want to be slim.

Task 1. True or false:

1. Vegetables are sold in bakery.
2. Meat can be found at butcher’s.
3. Dairy products can be bought at grocery’s.
4. Carrots is a kind of bakery.
5. Pies are sold at dairy’s.

Answer the questions:

1. Where can you buy meat?
2. Where can you buy fruits?
3. Where can you buy sour cream?
4. Where can you buy bread?
5. Where can you buy potatoes?

Text5. My favorite salads.

Hello! My name is Jane. Its is known that there is a great variety of salads, many of which not only tasty but also very good for health. Besides, it is not difficult to make them and it doesn’t take much time. Let’s see the receipts of some popular salads. They are also my favorite ones.

The first one is Olivier salad. It is very popular in Russia especially at New Year’s Day. To make this salad you should cut boiled potatoes, eggs, carrots into small cubes. Then add pickles, tin cucumber and sausages. Add mayonnaise, some salt and mix. The salad is ready!

Next salad is vegetable one. Its is rich in vitamins and also very tasty. Put cucumbers, tomatoes, red pepper and slice them into pieces. Slice an onion and some cabbage and add to the bowl. Add some olive oil, salt and herbs.

And the last one is salad made of crab sticks, tin corn, fresh cucumber and mayonnaise. Cut cucumber and crab sticks into small cubes, add tin corn and mayonnaise. Enjoy this simple salad!

Task 1. True or false:

1. Olivier is made of carrots, potatoes and pickles.
2. Vegetable salads are good for heath.
3. Olivier is popular in Russia.
4. Tin corn is used in cooking Olivier.
5. The last salad is difficult to make.

Task 2. Answer the questions:

1. What are Jane’s favorite salads?
2. Do you like salads?
3. What is your favorite salad?
4. Do you like vegetables?
5. Have you ever cooked the mentioned salads?

Text 6. Special occasions’ food.

My name is Michel and I would like to speak about some special food.

Sa we know there are many holidays, customs in our country and abroad and the celebrating often includes serving special dishes, table decorations. Let’s see what people usually cook at some celebrations. Let’s start with New Year’s Day, a very popular holiday among Russian people. The traditional meals on that day are holodets, Olivier salad, Herring under fur coat. In Britain and in the USA on Christmas they eat baked turkey with vegetables. It is often served with cranberry sauce. For the dessert they have Christmas pudding.

One ancient Russian tradition is Shrovetide (Maslenitsa). It is celebrated in spring and during the Shrovetide Week people bake pancakes.

On birthday people usually bake a chocolate cake with cream and decorate it with berries.

I hope this information was interesting for you.

Task 1. True or false:

1. On New Year’s Day Russian people eat often pancakes.
2. Holodets is a traditional Spanish food.
3. During Shrovetide people usually cook macaroni.
4. Baked turkey is served in Britain on Christmas.
5. On birthday people usually bake a cake.

Answer the questions:

1. What do Russian people cook on New Year’s Day?
2. What do you know about Shrovetide?
3. What do you usually cook at your birthday?
4. What do the British cook on Christmas?
5. Can you cook pancakes?

Text 7. Healthy food vs. fast food.

My name is David. I would like to discuss a very important topic – our eating habits. Nowadays we can see some health problems due to eating too much fat and sugar and as a result – weigh problems.

Everyone knows that fast food is not good for health, but people still eat it because it is tasty and they are accustomed to it. In this situation they should begin to reduce it gradually and add some healthy products to their meals. Fast food doesn’t bring necessary nutrients which can be found in vegetables, grains. Healthy foods gives people nutrients, energy and helps them to keep fit.

Speaking about me, I am for healthy food and sport. I’m fond of baseball. These things improve my life, my mood and I can do more things. So my advice to everybody: eat more fresh vegetables and fruit, drink clean water, avoid chips, sugar and fast food. Be slim and healthy!

Task 1. True or false:

1. David is for fast food.
2. Fast food doesn’t give necessary nutrients.
3. Vegetables are very healthful.
4. Fast food should be avoided.
5. Healthy diet and sport can improve people’s lives.

Answer the questions:

1. Does David prefer fast food and why?
2. Is he fond of sports?
3. Why is fast food harmful?
4. What should people eat?
5. What should people avoid eating?